



Daily selection of pastries and bread from Butcher & Bee Bakery

ON BREAD

BACON ENGLISH MUFFIN 7

Nueske's Bacon, Smoked Onion Jam, Pimento Cheese, Fried Egg*

SMOKED SALMON TOAST 8

Lemon-Caper Schmear, Cucumber, Chives, 9 Grain Bread

SAUSAGE BISCUIT 8

Keegan Filion Pork Sausage, Red Pepper Jam, Fried Egg*

AVOCADO TOAST 6 V

Za'atar, Sea Salt, EVOO, Sourdough

THE DAILY LUNCHBREAK 10

Ask for details on our rotating weekday lunch special
add Chips or a Cookie 1.50

WHIPPED FETA TOAST 6

Local Honey, Cracked Pepper, Chives, 9 Grain Bread

IMPOSSIBLE MEAT V
Substitute 3 Add 4

SOFT SCRAMBLED EGG TOAST 6

Soft Scrambled Eggs*, Chives, Sourdough

ADD-ONS

Avocado 2, Tomato 1.5, Fried or Scrambled Egg* 1.5, Bacon 2

IN A BOWL

GRAIN BOWL 12 V

Anson Mills Farro, Today's Veggies, Soft Boiled Egg*,
Pickled Onion, Turmeric Coconut Dressing, Sesame Seeds, Cilantro

GREEN GODDESS SALAD 11 GF/V

baby greens, charred green beans, red potato, feta, avocado,
radish, black sesame, vegan green goddess

GREENS & EGGS 7 GF

Spiced Tomatoes, Sautéed Greens, Fried Eggs*, Pickled Onions

HUMMUS BOWL 8 V

Israeli salad, Tahini, Schug, Cabbage, Pita

*Add Joyce Farms Chicken Shawarma *or* Seasonal Veggies (V)

KETO CAULIFLOWER 10 GF

Cheddar Cauliflower "English Muffin", Sautéed Greens,
Romesco, Canadian Bacon, Fried Egg*

WRAPPED UP

BREAKFAST BURRITO 9

Home Fries, Scrambled Eggs, Salsa Verde, Cilantro,
Cheddar, Turmeric Pickled Onion, Mitla Whole Wheat Tortilla
GF Corn Tortillas Available

BREAKFAST PITA 8

Soft Scrambled Eggs*, Israeli Salad, Tahini,
Schug, Hummus, Cabbage

PITA SANDWICH 10

Joyce Farms Chicken Shawarma *or* Spiced Seasonal Squash (V)
or Sautéed Seasonal Veggies (V)
Israeli Salad, Tahini, Schug, Hummus, Cabbage

ADD-ONS
Bacon 2, Sausage 4, Avocado 2, Greens 2.5, Veggies 3

SIDES

HOME FRIES.....	3
2 EGGS.....	3
NUESKE'S BACON.....	4
KEEGAN FILION SAUSAGE PATTY.....	4
MARKET GREENS.....	3
HALF AVOCADO Za'atar, Sea Salt, EVOO.....	3

(GF) Gluten Free / (V) Vegan

Kitchen closes at 4pm

* Contains undercooked eggs. Consuming raw or undercooked eggs may increase your risk of foodborn illness.

COFFEE & TEA

DRIP COFFEE	3
COLD BREW COFFEE	
Black	3.5
Shaken with Cream and Sugar	4.5
ESPRESSO	2.75
AMERICANO ^{C/H}	2.75
MACCHIATO	3.5
CORTADO	3.5
CAPPUCCINO	4
LATTE ^{C/H}	5
MOCHA ^{C/H}	5.75

^{C/H} CAN BE SERVED HOT OR COLD

ADD-INS

SHOT OF ESPRESSO	1.5
HOUSEMADE VANILLA BEAN OR HAZELNUT SYRUP50¢
HOUSEMADE CHOCOLATE SYRUP75¢
SUB ALMOND OR OAT MILK75¢

CHAI LATTE ^{C/H}	5.5
MATCHA LATTE ^{C/H}	5.5
HOT TEA <i>Rishi</i>	3
Turmeric Ginger, Moroccan Mint, China Breakfast, Earl Grey	
ICED BLACK TEA	3
ICED GREEN CITRUS TEA	3

^{C/H} CAN BE SERVED HOT OR COLD

SEASONAL

HIBISCUS ROSE CHAI LATTE ^{C/H}	6
Housemade Hibiscus & Rose Syrup, Chai, Whole Milk	
CHERRY COLA COLD BREW	5
Cold Brew shaken with Housemade Cherry Cola Syrup	
HAZELNUT ORANGE LATTE ^{C/H}	5
Espresso, Housemade Hazelnut Syrup, Orange Zest, Whole Milk	
GOLDEN LATTE ^{C/H}	5.5
Turmeric, Ginger, Warm Spices, Whole Milk	

SMOOTHIES

POWER PROTEIN 9

Vegan Vanilla Protein Powder, Banana, Almond Butter,
Almond Butter, Chia Seeds, Dates

SUPER GREEN 9

Spinach, Pineapple, Apple, Avocado, Coconut Water

STRAWBERRY DRAGON FRUIT 9

Strawberry, Dragon Fruit, Almond Butter,
Banana, Flax, Chia Seeds, Dates

TURMERIC WELLNESS 9

Turmeric, Citrus, Pineapple,
Banana, Oat Milk, Flax, Chia Seeds, Dates

SMOOTHIE ADD-INS

Chia Seeds, Spinach, Banana, Almond Butter... 1 Espresso Shot... 1.5 Vegan Vanilla Protein Powder... 2

ON TAP

COLD BREW COFFEE <i>Springbok</i>	3.5
16 oz. Growler + Coffee	7
16 oz. Growler Refill	5
32 oz. Growler + Coffee	12
32 oz. Growler Refill	10

ALCOHOL

BLOODY MARY	7
Charleston Bloody Mary Mix, High Wire Distillery Vodka, Olives	
SCREWDRIVER	7
Morning Glory, High Wire Distillery Vodka	
COLD PRESSED MIMOSA	8