



Daily selection of pastries from Butcher & Bee Bakery

Kitchen closes at 4pm

ON BREAD

BACON ENGLISH MUFFIN 7

Nueske's Bacon, Smoked Onion Jam, Pimento Cheese, Fried Egg*

SMOKED SALMON TOAST 8

Lemon-Caper Schmear, Cucumber, Chives, 9 Grain Bread

SAUSAGE BISCUIT 8

Keegan Filion Pork Sausage, Red Pepper Jam, Fried Egg*

AVOCADO TOAST 6

Za'atar, Sea Salt, EVOO, Sourdough

THE DAILY LUNCHBREAK 10.5

Ask for details on our rotating weekday lunch special

add Chips or a Cookie 1.50

WHIPPED FETA TOAST 6

Local Honey, Cracked Pepper, Chives, 9 Grain Bread

IMPOSSIBLE MEAT (VEGAN)

Substitute 3 Add 4

SOFT SCRAMBLED EGG TOAST 6

Soft Scrambled Eggs*, Chives, Sourdough

ADD-ONS

Avocado 2, Tomato 1.5, Fried or Scrambled Egg* 1.5, Bacon 2

IN A BOWL

WRAPPED UP

GRAIN BOWL 12

Anson Mills Farro, Today's Veggies, Soft Boiled Egg*,
Turmeric Pickled Onion, Apple Ginger Dressing, Sunflower Seeds

BREAKFAST BURRITO 9

Home Fries, Scrambled Eggs, Salsa Verde, Cilantro,
Cheddar, Turmeric Pickled Onion, Mitla Flour Tortilla

KETO CAULIFLOWER 10

Cheesy Cauliflower "English Muffin," Sautéed Greens,
Romesco, Housemade Canadian Bacon, Over-Easy Egg*
Gluten Free

BREAKFAST PITA 8

Soft Scrambled Eggs*, Israeli Salad, Tahini,
Schug, Hummus, Cabbage

LOCAL LETTUCE SALAD 11

Little Gem Lettuce, Spiced (Seasonal) Squash, Dried Cranberries,
Feta, Pumpkin Seeds, Maple Cider Vinaigrette
Gluten Free

PITA SANDWICH 10

Joyce Farms Chicken Shawarma *or* Spiced Seasonal Squash,
Israeli Salad, Tahini, Schug, Hummus, Cabbage

HUMMUS BOWL 8

Hummus, EVOO, Israeli Salad, Schug, Tahini,
Za'atar, Cabbage, Charred Pita

ADD-ONS

Bacon 2, Sausage 4, Avocado 2, Greens 2.5, Veggies 3

SIDES

HOME FRIES.....3

2 EGGS.....3

NUESKE'S BACON.....4

KEEGAN FILION SAUSAGE PATTY.....4

MARKET GREENS.....3

HALF AVOCADO Za'atar, Sea Salt, EVOO.....3

* Contains undercooked eggs. Consuming raw or undercooked eggs may increase your risk of foodborn illness.

COFFEE & TEA

DRIP COFFEE	3
COLD BREW COFFEE	
Black	3.5
Shaken with Cream and Sugar	4.5
ESPRESSO	2.75
AMERICANO ^{C/H}	2.75
MACCHIATO	3.5
CORTADO	3.5
CAPPUCCINO	4
LATTE ^{C/H}	5
MOCHA ^{C/H}	5.75

^{C/H} CAN BE SERVED HOT OR COLD

ADD-INS

SHOT OF ESPRESSO	1.5
HOUSEMADE VANILLA BEAN SYRUP50¢
HOUSEMADE CHOCOLATE SYRUP75¢
SUB COCONUT, ALMOND, OR OAT MILK75¢

SMOOTHIES

POWER PROTEIN 9

Vegan Vanilla Protein Powder, Banana, Almond Butter,
Medjool Dates, Chia Seeds, Almond Milk

SUPER GREEN 9

Coconut Water, Kale, Pineapple, Apple, Avocado

BERRY BANANAZA 9

Local Berries, Banana, Oat Milk, Honey,
Greek Yogurt, Lil' Bit Apple

TAHINI TREAT 9

Cocoa, Tahini, Banana, Oat Milk, Dates

SMOOTHIE ADD-INS

Chia Seeds, Kale, Banana, Almond Butter1 Espresso Shot....1.5 Vegan Protein Powder, Probiotic Powder... 2

ON TAP

COLD BREW COFFEE <i>Springbok</i>	3.5
16 oz. Growler + Coffee	7
16 oz. Growler Refill	5
32 oz. Growler + Coffee	12
32 oz. Growler Refill	10

ALCOHOL

BLOODY MARY	7
Charleston Bloody Mary Mix, High Wire Distillery Vodka, Olives	
SCREWDRIVER	7
Morning Glory, High Wire Distillery Vodka	
COLD PRESSED MIMOSA	8